



LAUGHOLOGY

FILM plus a LAUGHTER YOGA Session
at **Yoga Village in AG Village** www.arroyograndeyoga.com
Friday, August 6th, 6-8pm; \$10 donation
Call for directions: 1-805-736-6528 (in AG Village: 132 W. Branch Street)



FILM: LAUGHOLOGY, 65 min.
Documentary about laughter and then
experience a laughter yoga session with
Certified Laughter Teacher, Bob Banner.

*Feel your spirits rise.
Enjoy the infectiousness of
laughter with the film and the
session afterwards.
Do one or the other or
experience BOTH!!*



TRAILER: <http://hopedance.org/community-media/videos/511>
See the director at Canada's TED: <http://hopedance.org/community-media/videos/513>

"A hit"
- The Globe & Mail

"You'll LOL."
- The Montreal Gazette

"Screamingly funny!"
- The National Post

"Laughology is infectious...The screening had some of the loudest collective laughs I had ever heard in a movie theatre... by the end, the crowd was in hysterics."
- Gabor Pertic, *AnE Vibe, Pulse of Entertainment at a screening at Hotdocs in Toronto, Canada*

"Though it's an intrinsic part of each of our lives, laughter has never been so thoroughly explored in a film as it is here."
- Lia Granger, *The National Post*

"A film that will undoubtedly play a major role in a "global laughter trend at a crucial time when the world needs a good laugh."
- Lynne Fernie, *Programmer, Hotdocs*



Dr. Kataria, founder of Laughter Yoga leads a laughter yoga club outdoor session in Mumbai, India (from the film).